

<b>POSITIVE THINKING</b>
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## Hanuman and Arjuna

In The Ramayana there is the story of the army of Sughreeva, that was sent in search of Sita. After meeting Sampathy, elder brother of Jadayu, all the warriors were discussing ways and means to reach Lanka. Sampathi had told them that Sita was taken by Ravana. The only course left was jumping across the ocean. After long discussions the conclusion they arrived at was : “we cannot do it.” At this moment the grand old Jambhavan, whose eye sight was poor, asked “I didn’t hear the voice of Hanuman. Where is he?” Hanuman who was sitting aloof, went to Jambhavan. Touching Hanuman, Jambhavan reminded them of this incident. This happened just after Hanuman was born. One day at sunrise, Hanuman jumped towards the sun (since he was told that all fruits that are red, is his food). As Hanuman was nearing the sun, the sun hit Hanuman on his chin, the force of which threw him down to the earth unconscious. Vaayu ( Wind God), the foster father of Hanuman took the unconscious baby and withdrew himself to a deep cave. With no wind, the whole world came to a standstill. The ‘Trimoorthis’ (triumvirates of Hindu mythology) came down to the cave. They pleaded Vaayu to come out. Accepting the condition set by Vaayu, they revived Hanuman first.

“You are that baby who jumped to catch the rising sun,” said Jambhavan to Hanuman, adding that jumping the strait to reach Lanka will be a small matter for him. Hearing this Hanuman remembers his past, takes a gigantic form, leaps to Lanka and returns, after seeing Sita.

In The Bhagavad Gita we have two instances, of the Lord being described as the source of optimism. One where Sanjaya the charioteer, describing to King Dhritharasshtra the magnificent form of the Lord (Krishna) that was shown to Arjuna at Kurukshetra battle field.

*“Divisurya Sahasrasya bhaved Yugapadudhitha  
Yedi bha: sadrisi sa sasyad Bhasasthasya mahatma”*  
(Chapter XI Verse 12)

(If thousands of suns were to rise at the same time, the blaze of their light together would resemble a little the supreme splendour of the Lord)

In chapter XVIII (61) Krishna tells Arjuna

*“Iswaraha Sarva bhoodhanam Hridese Arjuna  
thishtathi*

*Bhramayan sarva bhoodhani Yantrarudani mayaya”*

(God dwells in the heart of all creatures and whirls them around upon the wheel of time). In other words the all powerful God is within us, but in our struggle for material achievements we do not realize Him.

We have an article in this issue by Prof. C.G.R. Nair “Contributions of Ancient Indians in the Fields of Mathematics and Sciences”, which throws light on the great scientific discoveries, made by our ancient saints. This describes India’s real strength and intellectual prowess.

As we live our modern lives we have turned to be true copy cats of the West in all the negative ways. Let us close our eyes for a moment, get detached from the present and go to the past of India’s achievements. We will see the Vishwaroopa or the inborn strength and prowess of Indians. That imagery will awaken the sleeping soul within us. When that happens, the positive and creative prowess of the individuals and the collective power of the society will together liberate India from the clutches of the corrupt, immoral and unethical behavioural pattern of today.

That will take India to the position that Swami Vivekananda predicted. “Twentyfirst Century will be India’s Century when the rest of the world will come to India.” It is the same as the dream of India’s former President Dr. A.P.J. Abdul Kalam as he put it in his book “India Vision 2020”

**Editor**