

**Personal****Full Name:** : Dr.Ashok Jaykumar Vankudre

Permanent / Current Address: Royale, B-204, Behind Ashoka universal school, Near ICAI bhavan ,  
Wadala Pakhal road, Ashoka Marg,  
Nashik. Maharashtra, India.  
Post code-422011

**Date of Birth:** 07/11/1983**Mobile:** +918983428110**E-mail Address:** easyashok@gmail.com**Medical Licensure**

- Maharashtra Medical Council, India: 2006/01/194

**Education**

**Undergraduate:** MBBS (Bachelor of Medicine and Bachelor of Surgery)  
Dr.Vaishampayan Memorial Medical College, Solapur  
Maharashtra University of Health Sciences, India 2004

**Postgraduate:** MD with specialization in Community Medicine from  
Bayaramjee Jeebhoy Medical College & Sassoon  
General hospitals, Pune,  
Maharashtra University of Health Sciences, India  
(August 2010, Result : 64.12%)

**Employment and Experience**

Sr.No	Name of Medical College	Designation	Date	Experience
1	Karpaga Vinayaga Institute Of Medical sciences & Research centre, TN	Assistant Professor	1/9/2010 - 27/5/2013	2 Year & 9 Months
2	Dr.Vasantrya Pawar Medical College,Hospital & Research Centre, Nashik	Assistant Professor	30/5/2013 - 31/7/2015	2 Year & 2 Months
3	Dr.Vasantrya Pawar Medical College,Hospital & Research Centre, Nashik	Associate Professor	1/08/2015 - 31/07/2020	5 years
4.	Dr.Vasantrya Pawar Medical College,Hospital & Research Centre, Nashik	Professor	01/08/2020	1 year
	Total experience (Post MD)			10 Years, 11 months

- Research:
- 1) Principal Investigator  
*"Prevalence of anaemia amongst Adolescent (school) girls in urban Slum and the effect of oral iron Therapy on these anaemic girls."*  
- Co investigator: Dr Nisha A. Bhosale  
B.J.Medical College & Sasoon General Hospitals, Pune, India.  
August 2007-November 2009  
Presented as a oral paper at the 34<sup>th</sup> Annual conference B.J.Medical college, Pune, 03/2010.  
Awarded as "**Best oral paper 2<sup>nd</sup> prize**" for the same.  
-**Best Poster in poster competition on WHO Day 2009**, B.J.Medical college, Pune
  - 2) Presented a paper on ""Introduction of structured oral examination as an assessment tool for third year MBBS undergraduates in Community Medicine" at ICCME (International Conference) at Aurangabad (Jan 2015)

## Publications

*Total publications: 20 in indexed journals*

1. **Ashok J Vankudre**, Almale Balaji D, Tryambake Rajendra .Evaluation of Janani Surksha Yojana (JSY) in Non-tribal Block of Nashik District of Maharashtra. Journal of Preventive Medicine and Holistic Health, July-December 2015;1(2):96-98
2. **Ashok Jaykumar Vankudre**, Balaji Digember Almale, Mrunal Suresh Patil ,Abhijeet Madhukar Patil. Structured Oral Examination as an Assessment Tool for Third Year Indian MBBS Undergraduates in Community Medicine. MVP Journal of Medical Sciences , Jaunary 2016; Vol 3 (1): 33 -36.
3. **Ashok J. Vankudre**, Manasi S. Padhyegurjar,H. Gladius Jennifer,Shekhar B. Padhyegurjar A study to assess awareness regarding Diabetes Mellitus and factors affecting it, in a tertiary care hospital in Kancheepurum District. Healthline ; Volume 4 Issue 2 July-December 2013: 44-49
4. **Vankudre A.J.**, Bhosale N.A., Madkar S.S, Prevalence and Socio-demographic factors related to Anaemia amongst Adolescent school girls in an urban slum and the effect of oral iron therapy. Indian Journal of Maternal & child Health (IJMCH): Volume 4 Issue 2, 2013: 1-13.
5. Bharat Sunil Sharma, **Ashok Jaykumar Vankudre**. Assessment of respiratory health profile in cooks of roadside Dhaba's (diner) around the national highway of Nashik district. Journal of Preventive Medicine and Holistic Health, July-December, 2018;4(2):57-60.
6. Balaji D Almale,**Ashok J. Vankudre**,Seema S. Bansode-Gokhe,Vrushali K. Pawar. An epidemiologic study of occupational stress factors in Mumbai police personnel. Indian Journal of Occupational and Environmental Medicine - December 2014 - Volume 18 - Issue 3;109-112

7. Madkar SS, **Vankudre AJ**, Nilekar SL. Spectrum of opportunistic infections in HIV-AIDS patients. *Indian Journal of Community Health*; Vol 24 (3), 2012; 184-187.
8. Madkar S.S, Nilekar S.L., **Vankudre A.J.** Prevalence of HIV infection among Persons attending integrated Counseling and Testing Centre, Ambajogai. *National Journal of community medicine*; Vol 2 Issue 2 July-Sept 2011; 213-215
9. S. D. Chavhan, S. V. Mahajan, **A. J. Vankudre**. A Descriptive Study on Patients of Papulosquamous Lesion at Tertiary Care Institute. *MVP Journal of Medical Sciences, Vol 1(1), January 2014: 30–35.*
10. P. Fotedar, S. S. Rairikar, **A. J. Vankudre**, S. V. Mahajan. Descriptive Study of the Hematological Parameters with Special Reference to the Total Leucocyte and Platelet Count in Cases of Malaria in all age Groups. *MVP Journal of Medical Sciences, Vol 1(1), January 2014; 36–41.*
11. Shiram Vitthal Gosavi, Balaji Almale, Amit Gujarathi, **Ashok Vankudre**, Supriya Dhakane, Rakesh Patil, Mahesh Mahale, Pratima Borade, Sunita Pawar. Awareness and practices about menstrual hygiene and its impact among migrant adolescent girls of Dera: a community based cross-sectional study from Nashik (Maharashtra) *International Journal of Scientific Reports* , |Vol 1, Issue June 2015; 123-126.
12. Surekha Tushar Nemade, Mrunal Suresh Patil, Rajendra Annasaheb Chaudhari, **Ashok J. Vankudre**. Comparative Assessment of Severity of Dyselectrolytaemia (Sodium and Potassium) in Cerebral Infarction and Cerebral Hemorrhage. *MVP Journal of Medical Sciences, Vol 3(1), 25-27, January 2016*
13. Balaji Digamber Almale, Seema S Bansode-Gokhe, Sudam Rambhau Suryawanshi, **Ashok Jaykumar Vankudre**, Vrushali Kashinath Pawar, Rupali Bhalchandra Patil. Health Profile of Mumbai Police Personnel: A Cross Sectional Study. *Indian Journal of Forensic and Community Medicine, April – June 2015; 2(2):87-90*
14. Gujarathi Amit , Dhakne Supriya, Almale Balaji , Mahale Mahesh , Vankudre Ashok , Gosavi Shiram. Impact of ‘Community based Diabetic patient education’ on glycaemic status, life style and self care practices among type 2 diabetes patients in an urban slum of Mumbai, India. *International Journal of Interdisciplinary and Multidisciplinary Studies (IJIMS)*, 2014, Vol 1, No.6, 279-287.
15. Surekha Tushar Nemade, Mrunal Suresh Patil, Rajendra Annasaheb Chaudhari, **Ashok Jaykumar Vankudre**. Serum Electrolyte Levels in Cerebrovascular Accidents at a Tertiary Care Hospital - A Case Control Study. *MVP Journal of Medical Sciences, Vol 2(1), 1–3, January-June 2015*
16. Akshay Bhagat, Aman Upaganlawar, Chandrashekhar Upasani, Pradip Barde, Mahesh Bhirud, **Ashok Vankudre**, Sunil Patil. Effect of Compliance Therapy for Antipsychotic Medication Adherence in People with Schizophrenia at Tertiary Care Institute. *Research Pharmaceutica, 2(1), 2018, 10-12.*
17. Amit P. Gujarathi, Supriya Dhakne-Palwe, Rakesh N. Patil, Pratima Borade-Gedam, Mahesh S. Mahale, Shiram V. Gosavi, **Ashok J. Vankudre**, Balaji D. Almale, Sunita Pawar-Bhalerao. Preparation of Blue Prints for Formative Theory Assessment of Undergraduate Medical Students in Community Medicine. *MVP Journal of Medical Sciences, Vol 2(2), 100-103, July-December 2015.*
18. Gouri Diwan, Anand Diwan, Pradip Barde, **Ashok Vankudre**, Akshay Bhagat, Mrunal Patil. Risk Factors Determinants for Prognosis of Stroke Patients in Tertiary Care Institute. *MVP Journal of Medical Sciences, Vol 5(1), 92–95, January-June 2018*

19. Bohora AA, Kokate SR, Khedkar S, Vankudre A. Antimicrobial activity of probiotics against endodontic pathogens:- A preliminary study. Indian J Med Microbiol 2019;37:5-11
20. Muley PA, Thakkar KR, Gehlot PK, Vankudre AJ, Muley PP, Barde PB. Association between Body Mass Index and Cognitive Functions in Medical Students  
Journal of Clinical and Diagnostic Research. 2020 Nov, Vol-14(11): CC08-CC14

### *Certifications and achievements*

- Adult management of HIV / AIDS in India, Johns Hopkins Center for Global Health education January 2010,
- Integrated management of Diabetes, Chellaram Foundation, B.J.M.C 2010
- Comprehensive Abortion Care, orientation Programme, B.J. Medical college, Pune, 2008
- Revised National Tuberculosis Control Programme (RNTCP) orientation 2008.
- Basic as well as advanced course on medical education (2014)
- Good clinical Practice (GCP) workshop: 2016,2019
- **Approved Regular faculty** for Research Methodology workshop and MET workshop in MUHS since 2013
- **Guest Faculty** for Master of Public Health course at YCMOU, Nashik
- Working as a **Co- Editor** for MVP Journal of medical Sciences
- Successfully guided UG students for ICMR research projects
- **Organizing Secretary** of 20<sup>th</sup> Maharashtra State IAPSMIPHA Joint conference at Dr. Vasant Rao Pawar Medical College, Nashik
- **Former Executive Member of India Association of Preventive and Social Medicine (IAPSM) Maharashtra Chapter**
- Member Secretary of Ethics Committee in Dr. Vasant Rao Pawar Medical College, Nashik
- Research Coordinator of Dr. Vasant Rao Pawar Medical College, Nashik

### *IT Skills*

- Well conversant with the use of MS Word, Excel, Power Point, Statistical software (SPSS) & Medline/Pubmed searches.
- Well versed with handling of computer held patient records.

### *Participation in National Health Programmes & Conferences*

- Participated in Collection, Compilation of data for Integrated Management of Neonatal & Childhood Illness (IMNCI) project 2007.
- Polio eradication drives under the Pulse Polio Immunization drives.
- Participated in evaluation of RCH services of Mother NGO in Pune district 2009.
- Antenatal health checkups and family planning clinics under the Reproductive and Child Health Program.

- Attended more than 30 conferences including National & state conferences, Workshops.

***Future plans and Aspirations***

I have always had a keen interest in clinical research & epidemiology; this has led me to take up post graduation in Community Medicine. My further endeavors would be to strengthen my experience and build a successful career in the medical research field.