

**Name- DR.YOGESH SHANKAR PAWAR**

**Director- SRP NEUROSCIENCES**

**MBBS MD**

**Consultant Neuropsychiatrist and Sleep disorders specialist**

**Date of Birth- 22/05/1984**

**Current address-** Room no.32 Senior staff quarters,Dr.VPMCH&RC,Adgaon,Nashik  
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#### **Qualification**

- MBBS - DR. VM Medical Govt. College, Solapur, Affiliated by MUHS and MCI.  
(June 2002 to February 2008)

- MD(Psychiatry)- LTMMC and LTMGH, Sion hospital mumbai-22,  
Under Dr.Nilesh Shah and Dr.Sushma Sonavane  
Affiliated by MUHS and MCI.

(May 2009 to Jan 2013)

- Fellowship in Sleep Medicine by ISDA- Nithra Institute of Sleep sciences, Anna  
nagar, Chennai 25<sup>th</sup> April 2018 to 10<sup>th</sup> May 2018;10<sup>th</sup> Dec2019 to 10<sup>th</sup> April 2020\* **Exam  
Pending due to covid-19 pandemic\***

#### **Professional experiences**

- Medicine (and also attended OPD neurology) experience for 6 months during MD  
residency course under Dr.Uma Sunder, Affiliated by MUHS and MCI.

- Medicine experience for 6 months- GGMC and sir JJ group of hospital, Mumbai,  
Byculla under Dr. Yogesh Bharsat and Dr.Shridhar Chame, affiliated by MUHS and  
MCI.(Feb 2013 to August 2013)

- Neurology experience for 9 months-BYL Nair and TN medical college, Mumbai central under Dr. Rahul Chakor, affiliated by MUHS and MCI. ( August 2013 to April 2014)
- Assist. Professor in Psychiatry- BJ Medical College and Sassoon hospital Pune, affiliated by MUHS and MCI. ( April 2014 to sept 2014)
- Medical officer at Rural Hospital, Yeola. ( Dec 2014 to June 2015)
- Assist. Professor in Psychiatry- Dr. Vasant Rao Pawar medical college hospital and research Centre, Adgaon, Nashik Affiliated by MUHS and MCI (July 2015 to sept 2019 )
- Associate professor in Psychiatry-Dr. Vasant Rao Pawar medical college hospital and research Centre, Adgaon, Nashik Affiliated by MUHS and MCI (Sept 2019 to till date )
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- Also neurology work experience in dept. of medicine with senior neurologists - Dr. Vasant Rao Pawar medical college hospital and research Centre, Adgaon Nashik. (July 2015 to Dec 2019 )

Learning Disability and neurodevelopmental disorder – worked during MD residency and one of the In charge (I/C) of same clinic at BJMC& Sassoon hospital, Pune as assist professor dept. of Psychiatry.

- **EEG**- More than 8 years experience in EEG while during MD course, neurology experience in Nair hospital and at Dr.VPMCRC&RC,Adgaon,Nashik
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- **Neuro-radiology** 15 months experience during neurology posting both at Sion and Nair hospital, Mumbai.
- **SLEEP MEDICINE**- Workshop on sleep in neurology and psychiatric disorders at SLEEPCON 2018 2018.
- **National publication** -Hallervorden spatz disease presenting as catatonic schizophrenia- as 1st author. ( Year 2013)
- Effect of psychotropic(all CNS medication) medication on pregnancy and its outcome ... as 1st author (Year 2015)
- Mild cognitive impairment in elderly at khumbh mela: A cross-sectional study- as 2<sup>nd</sup> author / corresponding author (Year 2019)
- Comparison of Sleep quality between tension type headache and migraine- as 1<sup>st</sup> author (Year 2019)
- Qualitative assessment of sleep disorder in post stroke patients: across sectional study- as 1<sup>st</sup> author( Year 2019)
- Evaluation of study methodology patterns among first year MBBS students: a pilot study - as 2<sup>nd</sup> author (Year 2021)

## **Workshops and Conferences/CME**

- Good clinical Practice workshops by NIDA Clinical trials Network -16<sup>th</sup> March 2021
- “AETCOM sensitization workshop” conducted by Medical education unit of Dr.VPMCH&RC,Adgaon, Nashik- 5<sup>th</sup> March 2021
- Curriculum Implementation Support Program II from 26<sup>th</sup> to 27<sup>th</sup> August 2020 at Dr.VPMCH&RC,Adgaon, Nashik
- Participated in SLEEPCON 2018- 14<sup>th</sup> international conference under the Aegis of Indian Sleep Disorders Association on 30<sup>th</sup> march to 1<sup>st</sup> April 2018
  
- CME & Hands on workshop on NCV, EMG and its related Neurophysiology Techniques- 19<sup>th</sup> Jan 2018
  
- “Revised Basic course workshop in Medical Education Technologies” conducted by Institute of medical Education technology and Teachers Training, MUHS- Regional centre, Pune on 25<sup>th</sup> to 27<sup>th</sup> April 2017
  
- 2<sup>nd</sup> Hands on training by MOS (Maharashtra Ophthalmic Society) –Neuro-ophthalmology aspects on 9<sup>th</sup> April 2017
  
- CME on Nerve and muscle symposium-2016- 3<sup>rd</sup> April 2016
  
- CME on Epilepsy symposium 2015- 23<sup>rd</sup> August 2015
  
- 2<sup>nd</sup> ENS & ESO symposia in INDIA- participated in knowledge exchange programme organized by ENS & ESO on 11<sup>th</sup> and 12<sup>th</sup> January 2014, Mumbai, Maharashtra, India.
  
- “Medico-legal update” conducted by Institute of medicine &law and knowledge academy at BYL Nair hospital on 17<sup>th</sup> Dec 2013

## **Achievements**

- Waiting list rank 4th in **DM Neurology entrance of Shree chitra tiruanal medical science and technology (Institute of National Importance** under constitutional act of India). – (Year 2014)
- USMLE step 1 and 2 cleared... – (Year 2010 and 2011)
  
- **Paper presentation-**
- SSPE, EEG changes and rapidly progressing dementia at Bombay neurology association meet. (Jan 2014)

- Hallervorden spatz disease presenting as catatonic schizophrenia in Bombay psychiatric association meet. ( Jan- 2010)
- Transient blindness in post-ECT period and post ECT transient psychosis paper presentation at Bombay Psychiatric association meet. (feb/march 2012)

**Research project (2015- till date)-**

- Mild cognitive impairment in elderly at khumbh mela: A cross-sectional study- as Principal investigator
- Study of sleep habits and sleep problems among medical students and teaching faculty- as Principal investigator (final phase)
- Study of Sleep quality and sleep pattern in cerebrovascular stroke survivors- as Principal investigator (completed)
- Evaluation of study methodology patterns among first year MBBS students: a pilot study - as co-investigator (completed)
- Study of awareness and attitude of first MBBS students towards psychiatric illness: a pilot study - as Principal instigator( completed)
- Study of Sleep related disorders in Patients of traumatic brain injury- as Principal investigator ( ongoing)
- Study of Sleep related disorders in patients Chronic kidney disease- as principal investigator( ongoing)

**MAJOR AREA OF INTREST FOR PRACTICE –**

**Neuro-psychiatry and sleep disorders**

- Psychiatry- Neuropsychiatry(Including Delirium), clinical psychiatry, neurodevelopment and learning disability- child guidance clinic, geriatric psychiatry, de-addiction and rehabilitation etc...
- Neurology- Headache, epilepsy, dementia, Parkinson's disease and other movement disorders, post-head injury with neuropsychiatric abnormalities and etc...
- Sleep medicine- Insomnia,Sleep related breathing disorders,Circadian sleep disorders, Parasomnias,Sleep related movement disorders and various sleep disorders etc...